



Bob Hayes - Softball & Baseball Hitting Instructor

Bob's Fast pitch Softball career started back in 1977, where he played for Carmelita's of Roseville Calif. Continued to play for the next 14 years for a variety of A and Open A travel teams at the national level based out of Sacramento California. Bob ended his playing career with the Roseville Merchants in 1994 at age 41.

Bob started coaching in 1995 at a local recreational league in Orangevale California, where he coached for two years. In 1997 he started coaching travel ball with the Golden Thunder 12U. Bob continued coaching with a variety of travel teams; Sacramento Dynasty 12U & 14U, Capital City Comets 14U & 16U and the Roseville Heat 18U and 18 Gold. His teams have all played in National Tournaments ASA, NSA and Triple Crown venues. Finishing in the top 20 in two ASA nationals 18U. Top 10 in Triple Crown nationals 16U. Champions in the 16u Triple Crown Fireworks Tournament in Denver Colorado. Second place in NSA nationals 12U.

Bob was Head Varsity Softball coach at Bella Vista High School in Fair Oaks California from 2002 to 2007, where he led the Bronco's to their first playoff berth in 20 years in the 2007 season.

His son Heath Hayes played baseball at San Diego State where he received All American honors and was also named MVP of the WAC he senior year (1994). Heath was drafted by the Cleveland Indians in 1994 and went on to play seven years with the Indians organization, ending his career with the Triple A Buffalo Bison in 2001. Bob and Heath started Triple play school of Athletic development in 2002, working with some of the elite baseball and softball players in the area, some of which have played or are currently playing at the D2 and D1 level, including his daughter Kayla Hayes who is currently attending San Jose State.

Bob is married to Janet Hayes (29 years) and a proud father of four daughters and one son and three grand children.

Bob was the hitting and outfield coach for the Sacramento City Community College Softball program. Sacramento City College Softball is recognized as one of the top JC programs in the nation.

He is currently the College liaison and Coach for the Foothill Gold 18G Program.